

Invitation

EstOpen 2025 (Tatami)

Kick-Light (7-40y)

Point Fighting (16-55y)

22.03, Tartu
Tartu Turu Sports Hall (Turu 8)

The Estonian Kickboxing Federation and the sports club 'KLAN' invite all clubs and individuals engaged in kickboxing, Muay Thai, Karate, Taekwondo, and other contact martial arts to participate in the **EstOpen 2025**.

The competitions are organized by the Estonian Kickboxing Federation according to the international WAKO rules. All participants must adhere to according to the program provided below:

10.15 - 11.15	Weigh-in	Turu Sports Hall (TURU 8)
11.15 - 12.00	Drawing	Turu Sports Hall (TURU 8)
12.00 - ...	Start of the competition (preliminaries, semifinals, finals, award ceremony)	Turu Sports Hall (TURU 8)

CATEGORIES AND WEIGHT CLASSES WAKO

Kick-Light young cadets 1 – 7-8y. (Boys and girls) (MYC1KL)
-20,-24,-28,-32,-37,-42,-47, 47+ kg

Kick-Light young cadets 2 – 9-10y. (Boys and girls) (MYC2KL)
-24,-28,-32,-37,-42,-47, 47+ kg

Kick-Light young cadets 3 – 11-12y. (Boys and girls) (MYC3KL)
-28,-32,-37,-42,-47, 47+ kg

Kick-Light older cadets – boys 13-15y. (MOCKL)
-42,-47,-52,-57,-60,-63,-69, 69+ kg.

Kick-Light older cadets – girls 13-15y. (FOCKL)
-42, -46, -50, -55, -60, -65, 65+ kg.

Kick-Light juniors – boys 16-18y. (MJKL)
-57, -60, -63, -69, -74, -79, -84, -89, -94, 94+ kg.

Kick-Light juniors – girls 16-18y. (FJKL)
-50, -55, -60, -65, -70, 70+ kg.

Kick-Light - men 19-40y. (MKL)
-57, -60, -63, -69, -74, -79, -84, -89, -94, 94+ kg.

Kick-Light – female 19-40y. (FKL)
-50, -55, -60, -65, -70, 70+ kg.

Point Fighting - juniors (J) (16,17,18y)
men: -57, -63, -69, -74, -79, -84, -89, -94, 94+
women: -50, -55, -60, -65, -70, 70+

Point Fighting - seniors (S) (19-40y)
men: -57, -63, -69, -74, -79, -84, -89, -94, 94+
women -50, -55, -60, -65, -70, 70+

Point Fighting - veterans (V) (41-55y)
men: -63, -74, -84, -94, 94+
women: -55, -65, 65+

RULES

The competitions will be held according to WAKO rule (see www.wakoweb.com and www.wakoest.ee).

Chief referee: Dmitri Lahtikov

EKBF Secretary: Andrei Majakov, +372 5665 6886

- MYC1KL; MYC2KL; MYC3KL: 2 rounds x 90 sec (1 minute rest between rounds)
- MOCKL; FOCKL: 2 rounds x 120 sec (1 minute rest between rounds)
- MJKL; FJKL: 2 rounds x 120 sec (1 minute rest between rounds)
- MKL; FKL: 2 rounds x 120 sec (1 minute rest between rounds)

Procedure for lodging a protest:

<https://wako.sport/wp-content/uploads/2022/01/WAKO-Rules-12.11.2020.pdf>

AWARD CEREMONY

First, second, and third place will be awarded medals and diplomas. The title of champion and first place is not awarded without competition matches (participants must compete in any case).

MEDICAL SERVICE

- During the competition, competitors are serviced by a specialist in the field of medicine.
- A member of the Estonian Kickboxing Federation must present to the registration committee a WAKO pass containing a valid doctor's decision stating that the competitor MAY participate in Kickboxing competitions.
- Every participant who is not a member of the Estonian Kickboxing Federation must provide a valid medical certificate stating the doctor's approval that the participant MAY compete in kickboxing competitions.

PROCEDURE FOR PREVENTION OF MANIPULATION IN KICKBOXING COMPETITIONS

All athletes and representatives of sports clubs are requested to familiarize themselves with the Procedure for Prevention of Manipulation in Kickboxing Competitions:

https://8911e5a1-439b-487c-9c27-a700a1f89f90.filesusr.com/ugd/88411d_f251783cd9a54510be332a14fd45affc.pdf

NOTIFICATION OF PARTICIPATION IN COMPETITIONS

Registration will be possible **ONLY** via online WAKO system RsportZ

<https://wako.rsportz.com/>

Registrations deadline is 18.03.2025

For registration assistance please contact wakoest@gmail.com or

Tour National Federation

All Competition related information will be updated live on Sportdata platform

<https://www.sportdata.org/>

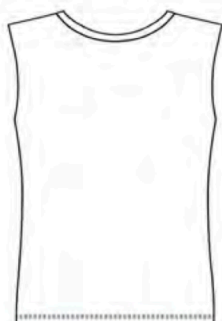
ENTRY FEE:

- 30€ per competitor (for members of the WAKO Kickboxing Federation)
- 40€ per competitor (for non-members of the WAKO Kickboxing Federation)
- **20€ for each subsequent entry.**

ATTIRE Kick-Light:

PROTECTIVE GEAR: headgear, boxing gloves (10 oz), shin guards, groin guard, mouthguard according to WAKO rules, must be brought by the competitors themselves.

NB! T-shirts with sleeves are not allowed!



ATTIRE POINT FIGHTING

PROTECTIVE GEAR: Headgear, mouthguard, chest protector (mandatory for women 19+, optional for younger competitors), Point Fighting gloves, boxing wraps (optional), elbow pads, groin guard (mandatory for both men and women), shin guards, foot protectors.

ATTIRE: T-shirt, long pants, belt is optional (the color must correspond to the athlete's level).